

What to Do in Case of Burn



Immediately cool the burn for 15 minutes, by immersing the affected area under a gentle water flow or in a bowl of water, or by applying a cool compress (replacing frequently).

Important: Do not use a strong stream of water, as it may worsen the injury!



Burns can be very painful. It is recommended to take your regular pain relief medication (such as Acamol or Nurofen).

A burn may appear mild at first but develop later into blisters. Immediate care and dressing can prevent the burn from worsening.



In young children, a burn may be accompanied by fever. While this does not necessarily indicate an infection, it does require medical attention.

Receive first aid and follow-up guidance from an Ezrat Achim Building Representative.

Ointments for ongoing care can also be purchased at the following locations:

Neighborhood	Family	Address	Phone Number	Medicine Gemach	Neighborhood	Family	Address	Phone Number	Medicine Gemach
Mishkafayim	Teitelbaum	Rav Hirsch 6/1	02-9993648		Ramah D3	Rotman	Rav Amram 11/2 Floor -2	25636821	
Mishkafayim	Levitt	Rav Kook 22/5	050-7214706		Ramah D3	Deutsch	Sderot Ha'Amoraim 57/8	533139659	583232129
Ramat Avraham	Acher	Rav Grossman 8/22	052-7175181	052-7175131	Ramah D3	Schwartz	Nehardea 22/8	533121978	26410151 V
Ramat Avraham	Guterman	Rav Grossman 30/4	052-7184122	052-7184202 V	Ramah D4	Katz	Rabbi Yitzchak Nafcha 6/16	052-8396538	V
Ramat Avraham	Korman	Rav Grossman 24/4	052-7138679	052-7698210	Ramah D4	Shabtai	Rabbi Berechya 14/13	058-3259953	058-3264591 V
Ramah A	Schwartz	Baal HaTanya 15	058-660-1691		Ramah D4	Weisblum	Rav Chilkiyah Bar Tovi 11/11	0527652777	556738111 V
Ramah A	Kovalsky	Nachal Uriyah 6a/5	29996617					028041111	
Ramah B	Rabinowitz	Rabbi Elazar 3/8	02-9912991	053-4102991	Ramah Heh	Zaida (Adi)	Chaguel 13/4	058-3247673	
Ramah B	Korenblit	Herzog 47/9	02-9920697	053-3120697 V	Ramah Heh	Lutzkin	HaShloshah 6/15	053-3126120	073-7440010 V
Ramah B	Zeibald	HaAdmor MiBelz 13/13	052-7610090	077-4422117	Old Beit Shemesh	Goldberg	HaMishlat 23 Ground Floor	052-7152603	054-8526033
Ramah B	Greenbaum	Nahar HaYarden 27/21	077-3355046	053-3177190	Cheftzibah	Klein	Ben Ish Chai 65/22	052-7143015	052-7143016
Ramah B	Steinberg	Rabbi Tzaddok 6/8	050-4167995		Cheftzibah	Erlanger	Ben Ish Chai 37/10 Floor 2	28502258	527679299 V
Ramah B	Shapira	Techeles Mordechai 9/2	533191131	077-3355010 V	Bar Ilan	Schwartz	Bar Ilan 5/10	052-7622292	077-9400200
Ramah G	Ezrat Achim	Amos 1	1800999000		Yefe Nof	Wallach	Ben Kisma 1/1	02-9924420	052-7665604
Ramah G	Gutthold	Yonah ben Amitai 1/4	052-7131599	052-7617746	Migdal HaMayim	Neimi	HaTabor 2/4		02-9912247
Ramah G	Goldberg	Miriam HaNeviah 1/6	054-8176090	02-9910413 V	Sheinfeld	Peretz	Maapilei Egoz 10a/1	055-6690374	
Ramah G	Malik	Tzefanya 8/4	052-7135083		Sheinfeld	Lichtman	Shivtei Yisrael 1/3	527203003	
Ramah G	Ben Shabbat	Nechemya 10	058-324-1061		Ramat Neriyah	Elchadad	Rabbi Yanaai 3/23	050-5304249	02-9921262
Ramah D1	Tzischinsky	Ravina 11/5	02-9994704	053-3194704 V	Shaare Ha'Ir	Ben Harush	Ha'Aliyah 3/5	050-4758329	
Ramah D2	Rubin	Mar Ukva 2/17	053-4109923	053-3168015	Kiryah	Gottlieb	Sfat Emet 37/1	02-9991453	053-3161453
Ramah D2	Berger	Reish Lakish 28/24 floor 4	534752798	504196623	Kiryah	Gottlieb	Chazon Ish 26/7	02-9910375	052-7665045
Ramah D3	Aflalo	Rav Amram 2/7	054-9864664						



Ezrat Achim
Community United in Kindness

Important: This information is for educational purposes only and is not a substitute for professional medical advice. It should not be considered medical guidance, treatment recommendations, or a replacement for consulting a doctor. This information is general and may not apply to individual circumstances. For personal medical care or advice, please consult a qualified healthcare professional.

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www.eza.org.il

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